

# Council on Aging & Senior Center

The Council on Aging and Senior Center is dedicated to enhancing the quality of life for the City's elders, ages 60 and over, with some programs and activities available to those 55-59 years of age. Every elder is a valued member of the community and has a right to a life of dignity while maintaining a maximum level of independence. To meet this goal, the Northampton Council on Aging identifies needs and provides a range of programs, activities and services to address those needs. The Northampton Council on Aging serves as a community focal point around issues of aging and is a liaison to local, state and federal resources for elders and their families.



The Council on Aging and Senior Center provides services to Northampton residents aged 60 and older.

*A 64 year old senior with issues including depression, loneliness and isolation but without healthcare benefits to address them, was referred to NCOA from their insurance carrier. Difficulties with financial issues tossed into the mix complicated the senior's life further.*

*NCOA's social worker helped the senior get Fuel Assistance, Food Stamps and PVTA Transportation. The senior now even volunteers at the Senior Center!*

*Crystal Cote, Social Worker*

*While I was conducting a home visit to provide medical equipment to one of our City's seniors, I was able to avert a telephone money scam that would have cost the senior upwards of seven thousand dollars. The senior was ready to give Western Union the ok to transfer the large sum to Canada to allegedly help a relative. Knowing that this was a scam and at the senior's request, I intervened, thus stopping a swindle that would have seriously impacted the senior's financial health.*

*Patte Shaughnessy, NCOA Director*

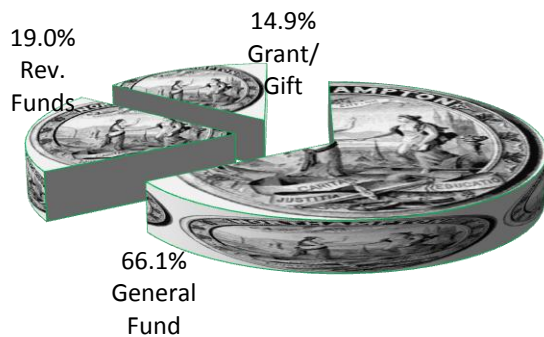
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[www.northampton seniors.com](http://www.northampton seniors.com)

## Staffing Proposal for FY2012

Position Title	Full or Part time	Annual Salary	Funding Source(s)	Budgeted FTE	Change from FY2011	Union affiliation
Director	Full Time	67,147	General Fund	1.0		NAPEA
Assistant Director	Full Time	42,222	General Fund, EOEА	1.0		NAPEA
Elder Vision Editor	Part Time	29,503	Elder Vision, Inc. General Fund	0.9		NAPEA
Senior Social Worker	Full Time	36,997	General Fund EOEA HVES	1.0		NAPEA
Program Coordinator	Full Time	30,402	General Fund, Activities Fund, HVES Gift Shop	1.0		NAPEA
Home Repair Inspector	Part Time	0	CDBG	0	Not funded this year	NR
Handyman & Support Staff	Part Time	8,085	Transportation Acct., HVES	.4		NR
Business Manager	Part Time	24,128	EOEA, CDBG ,Food Services Gift Account	.6		NR
COA Secretary	Full Time	28,758	General Fund	1.0		AFSCME
Fitness Coordinator (2)	Part Time	9,953	Activity Revolving Fund	0.6 0.6		NR



### Where Our Funding Comes From

The annual budget of the Council on Aging is supported through the General Fund, Council on Aging Revolving Funds, and through fundraising, grants and gifts.



### How We Spend Our Money

This chart shows how much of the annual budget of the Council on Aging is spent on staff (PS), on Ordinary Maintenance (OM).

## Some Accomplishments At A Glance

### *beyond our day-to-day operations*

- The Medical Transportation Program provides seniors transportation to and from the doctor, the dentist, the pharmacy or the hospital. Between July 20, 2010 and February 20, 2011, 292 rides were provided to seniors by volunteer drivers using their personal vehicles.
- To meet the needs of isolated and homebound seniors, a Companion Program was initiated matching qualified volunteers to seniors. A grant awarded by Highland Valley Elder Services allowed us to move forward with this much needed program that provides socialization, companionship and leisure opportunities to those seniors. The expectation is that between 60 and 75 seniors who are homebound or isolated will benefit from this program by year's end.
- The Senior Center Bistro reopened in September 2010 and is operating three days per week. Trained volunteers are supervised by the Director, who is ServSafe certified. These volunteers prepare and serve a wide variety of menu items. The Bistro provides an opportunity for the public to enjoy a meal at the Senior Center and raises revenue for Center programs.

## The Year Ahead

- Transportation is a major issue for many of Northampton's seniors and this year we intend to initiate a Transportation Program. Through a grant awarded to us by Highland Valley Elder Services, transportation will be available so that seniors may enjoy door-to-door service to and from the Senior Center.
- We are looking for funding sources for an appropriate software program to maintain a more accurate snapshot of building and program use, participant preferences, trends by age groups, volunteer statistics, medical and photo history of participants and many other tools for planning and evaluation.
- We are planning an evening Adult Education Program that would enhance opportunities for those 55 and older. Classes and courses in creative arts, physical fitness, brain fitness, the Classics, cooking, general education and many other topics would be offered in this fee based program.

## COUNCIL ON AGING & SENIOR CENTER

	Actual FY 2010	Budget FY 2011	Budget FY 2012	\$ Change FY11-12	% Change FY11-12
<b><u>Appropriation by Major Object</u></b>					
Personal Services	167,903	160,006	289,282	129,276	80.8%
Ordinary Maintenance	641	650	8,364	7,714	1186.8%
Other than Ordinary Maintenance	0	0	0	0	0.0%
<b>Total</b>	<b>168,544</b>	<b>160,656</b>	<b>297,646</b>	<b>136,990</b>	<b>85.3%*</b>
<b><u>Appropriation by Major Activity</u></b>					
Council on Aging	168,544	160,656	297,646	136,990	85.3%
<b>Total</b>	<b>168,544</b>	<b>160,656</b>	<b>297,646</b>	<b>136,990</b>	<b>85.3%*</b>
<b><u>Financing Plan</u></b>					
General Fund	168,544	160,656	196,604	35,948	22.4%
Revolving Funds	0	0	56,544	56,544	100%
Grants and Gifts	0	0	44,498	44,498	100%
<b>Total</b>	<b>168,544</b>	<b>160,656</b>	<b>297,646</b>	<b>136,990</b>	<b>85.3%*</b>

*\*In FY2012, we are showing full accounting for all positions funded with Revolving Funds, Grants and Gifts, which gives the appearance of a significant increase, however it just reflects a difference in our budget reporting.*

# Council on Aging / Senior Center

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by the numbers

- 42,650** Visits to the Senior Center by community seniors in 2010
- 200** Disabled persons and seniors receiving PVTA photo ID's
- 5** Businesses conducted within the Senior Center to support programming and services including a coffee shop, gift shop, The Bistro, and special dining services and rentals
- 141** Handyman services provided to seniors for small home repairs
- 1,560** Participants served by the Brown Bag Program either by pick up at the Senior Center, at the Survival Center or home delivered
- 292** Rides received by our 76 Medical Transportation clients (up from 25 clients in 2009)
- 522** Seniors and disabled persons purchasing discounted PVTA van tickets through us
- 13,341** Volunteer hours served by 194 dedicated volunteers
- \$10,743** to print and mail covered by Elder Vision, Inc's bi-monthly newspaper to all Northampton seniors' homes at no cost to them
- 21** Fundraisers sponsored to support Center programming
- 1** Website, [www.northampton seniors.com](http://www.northampton seniors.com), maintained to keep seniors and the greater community aware and updated
- \$24,761** Dollars saved by local seniors by taking advantage of our Medical Loan Program from which they can borrow wheelchairs, walkers, shower chairs, etc.