



Northampton Aquatic & Family Center

@ JFK Middle School, 100 Bridge Rd., Florence

Northampton
Recreation
Department

WINTER POOL SCHEDULE

11/28/11 - 2/17/12

Check schedule carefully. Call ahead if you are worried about lane availability.

** Please note, when school is closed due to inclement weather, the AFC is also closed.*

MONDAY:
6:00 - 7:00 am Lap
7:00 - 7:25 am Lap / Aerobics *Aerobics until 7:40 AM
4:30 - 5:00 pm NHS / Lap ***3 Lanes Available**
5:00 - 5:30 pm Lap / OPEN (shallow end) / Diving
5:30 - 6:30 pm Lap (2) / Aerobics/ Diving (until 6:00)
6:30 - 8:30 pm NAS Swim Team

TUESDAY
6:00 - 7:40 am Lap
4:30 - 5:00 pm NHS / Lap ***3 Lanes Available**
5:00 - 6:00 pm Lap / OPEN (shallow end) / Diving
6:00 - 7:00 pm Lap / Aerobics
7:00 - 8:30 pm NAS Swim Team

WEDNESDAY:
6:00 - 7:00 am Lap
7:00 - 7:25 am Lap / Aerobics *Aerobics until 7:40 AM
4:30 - 5:00 pm NHS / Lap ***3 Lanes Available**
5:00 - 6:00 pm Lap / OPEN (shallow end) / Diving
6:00 - 6:30 pm Lap / OPEN
6:30 - 8:30 pm NAS Swim Team

THURSDAY:
4:30 - 6:00 pm Lap / Swim Lessons
6:00 - 7:00 pm Lap / Aerobics
6:30 - 7:00 pm Lap (2) / Aerobics / Diving
7:00 - 8:30 pm NAS Swim Team / Diving

FRIDAY:
6:00 - 7:00 am Lap
7:00 - 7:25 am Lap / Aerobics *Aerobics until 7:40 AM
4:30 - 5:00 pm NHS / Lap ***3 Lanes Available**
5:00 - 6:00 pm Lap / OPEN (shallow end) / Diving
6:00 - 6:30 pm Lap / OPEN
6:30 - 8:30 pm NAS Swim Team

SATURDAY:
9:30 - 11:30 am Lap / Swim Lessons
11:30 - 5:00 pm Lap / OPEN (Birthday Parties 2-3:15 pm)

SUNDAY:
11:00 - 11:30 am Lap / OPEN
11:30 - 1:00 pm Lap / OPEN / Free Community Senior Swim
1:00 - 4:30 pm Lap / OPEN (Birthday Parties 2-3:15 pm)

LAP = Lap swimming
OPEN = Open swim for anyone to come & have fun in the pool!

*The AFC will be closed on: **11/23 (PM only), 11/24, 11/25, 12/23, 12/24, 12/25, 12/26, 1/1, 1/16, 2/20.**

**High School Swim Meets on (Open Mornings Only): 12/13, 1/3, 1/17, 1/24, 1/31*

*** SCHEDULES ARE SUBJECT TO CHANGE DUE TO SPECIAL EVENTS AND WEATHER CONDITIONS**

AFC @ JFK Middle School, 100 Bridge Rd., Florence, MA
Monday-Friday, 4:00-8:00pm, Saturday 10:00am-5:00pm & Sunday 11am-4:30pm, - 587-1046 or
Northampton Recreation Dept., 90 Locust St., Northampton, MA
Monday-Friday, 8:30am-4:30pm - 587-1040

www.northamptonma.gov/recreation