



# NORTHAMPTON PARKS & RECREATION

## TEEN EXPEDITIONS



### Session 7: August 5-August 9- LAST HOORAH

Monday, 8/5	Tuesday, 8/6	Wednesday, 8/7	Thursday, 8/8	Friday, 8/9
<p><b>ORIENTATION HIKE</b></p> <p><b>@</b></p> <p><b>ASHELY RESERVOIR</b></p> <p>We will begin the week with ice breakers and other games, a hike with lunch at Ashley Reservoir in Northampton, followed by an afternoon swim at Musante Beach in Leeds.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> swim gear</li> <li><input type="checkbox"/> suitable shoes</li> <li><input type="checkbox"/> water</li> <li><input type="checkbox"/> lunch and snack</li> <li><input type="checkbox"/> bug spray</li> <li><input type="checkbox"/> sunscreen</li> </ul>	<p><b>ICE CREAM BIKE TRIP TO MT. TOM</b></p> <p>The day will be spent taking a leisurely bike trip to Mt. Tom's in Easthampton where we will stop to get ice cream.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> bike &amp; helmet</li> <li><input type="checkbox"/> money for ice cream</li> <li><input type="checkbox"/> suitable shoes</li> <li><input type="checkbox"/> water</li> <li><input type="checkbox"/> lunch and snack</li> <li><input type="checkbox"/> bug spray</li> <li><input type="checkbox"/> sunscreen</li> </ul>	<p><b>LOOK PARK PIZZA PARTY</b></p> <p><b>JFK POOL</b></p> <p>The morning will start at Look Park, where we will compete in activities and games, partake in various arts crafts, and have a pizza party before finishing our day with a lengthy yet leisurely swim at JFK to end the day.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> swim gear</li> <li><input type="checkbox"/> suitable shoes</li> <li><input type="checkbox"/> light lunch and snack</li> <li><input type="checkbox"/> water</li> <li><input type="checkbox"/> bug spray</li> <li><input type="checkbox"/> sunscreen</li> </ul>	<p><b>BOUNCE! Trampoline</b></p> <p>The afternoon will be spent at Bounce in Springfield where campers will be able to do activities such a basketball, dodgeball, and obstacle courses all while bouncing on trampolines.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> waiver required</li> <li><input type="checkbox"/> suitable shoes</li> <li><input type="checkbox"/> lunch and snack</li> <li><input type="checkbox"/> water</li> <li><input type="checkbox"/> bug spray</li> <li><input type="checkbox"/> sunscreen</li> </ul>	<p><b>LAKE WYOLA</b></p> <p>The day will be spent swimming, relaxing, and playing games on the beach.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> swim gear (beach towel &amp; bathing suit)</li> <li><input type="checkbox"/> suitable shoes (open-toed optional)</li> <li><input type="checkbox"/> water</li> <li><input type="checkbox"/> lunch and snack</li> <li><input type="checkbox"/> bug spray</li> <li><input type="checkbox"/> sunscreen</li> </ul>

*\*Calendar subject to change. You may call the office after 4:00pm at 587-1040 to check for delays\**

*\*Please remember that camp is a cellphone-free space\**