

This menu is for NPS Summer School and Northampton Parks and Rec Dept
Look Park location only (daily lunch provided)



JULY 2021



Local Produce featured weekly!
 All Meals served with milk and assorted fruit and vegetables

Monday

June 28th: Hummus Power Pack
 June 29th: Crispy Chicken Sandwich
 June 30th: Chicken Corn Dogs
 Field Trip Lunch:
 Sunbutter & Jelly Sandwich

No Meal Service

Tuesday



6
 Baked Pretzel & Cheese Sauce
 Celery Sticks & Sunbutter

13
 Taco Salad
 (diced chicken, salsa, cheese & lettuce)
 Tortilla Chips

20
 Baked Pretzel & Cheese Sauce
 Celery Sticks & Sunbutter

27
 Chicken Salad
 Whole Grain Breadstick

Wednesday

7
 Pasta Salad with Chickpeas
 Cheese Stick

14
 Chicken Dunks
 (Chicken nuggets, dip and pretzels)

21
 Pasta Salad with Chickpeas
 Cheese Stick

28
 Chicken Dunks
 (Chicken nuggets, dip and pretzels)

Thursday

1
 Turkey Sandwich
 Chips
 Baby Carrots and Dip

8
 Ham & Cheese Grinder
 Goldfish Crackers
 Mixed Bean Salad

15
 Turkey Sandwich
 Chips
 Baby Carrots and Dip

22
 Ham & Cheese Grinder
 Goldfish Crackers
 Mixed Bean Salad

29
 Turkey Sandwich
 Chips
 Baby Carrots and Dip

Friday

2
 Sunbutter & Jelly Sandwich
 Cheese Stick
 Cucumbers & Dip

9
 Bagel Lunch
 (WG bagel, cheese stick, Sunbutter and yogurt)

16
 Sunbutter & Jelly Sandwich
 Cheese Stick
 Cucumbers & Dip

23
 Bagel Lunch
 (WG bagel, cheese stick, Sunbutter and yogurt)

30
 Sunbutter & Jelly Sandwich
 Cheese Stick
 Cucumbers & Dip

Available to all residents, all summer!
 You don't need to be in camp.

Pick UP Locations

- Hampshire Heights 1:35-2:05Pm
- Florence Heights 1-1:30pm
- 236 Pleasant Street 1-1:30pm
- Meadowbrook Apartments 1-1:30pm

Free Grab & Go Meals

All Summer Long!

Available every Wednesday. Seven days of breakfast and lunch at one pick up!
 Child does not need to be present at meal pick-up



Menu Subject to Change
 This institution is an equal opportunity employer, May 2020