

# BISTRO MENU | MAY

**Available to eat in Mary's Bistro and Curbside Pick up**

**BISTRO UPDATE - Pre-registration and payment is due 48 hours in advance. You can sign up online at [www.myactivecenter.com](http://www.myactivecenter.com) or call the front desk at 587-1228 or stop by the front desk. 60+ have two options\* (Regular plate \$5 or Large plate \$7) // 55-59 \$7 (Large plate only) // Non-Senior Center Members (under 55) Large plate only // \$10 thru Curbside and To-Go options only - Curbside pick up is between 12:15-12:45pm // \*Financial aid for a reduced cost meal is available for those who qualify.**

<p><b>Tuesday, 5/3</b> Caesar Salad (D, G) Hamburger Naan Pizza (G, D) Chocolate Chip Cookie (G, D, E)</p>	<p><b>Thursday, 5/5</b> Chicken Noodle Soup (G) Tuna Salad Pita (F, G) Carrot Cake Cupcakes (G, E, D)</p>
<p><b>Tuesday, 5/10</b> Asian Spinach Salad Tofu Stir-Fry (S) Almond Butter Cookies (DF) (T)</p>	<p><b>Thursday, 5/12</b> Couscous Salad (G, D) Turkey &amp; Apple Croissant (G, D) Brownie (G, D, E)</p>
<p><b>Tuesday, 5/17</b> Cream of Broccoli Soup (G, D) Veggieburger Wrap (G, D) Baked Fruit Buckle (G, D, E)</p>	<p><b>Thursday, 5/19</b> Tossed Salad Chicken Pot Pie w/Biscuit (D, G) Earl Gray Shortbread Cookie (G, D)</p>
<p><b>Tuesday, 5/24</b> Rice Florentine Salad (G, D) Monte Cristo Sandwich (G, D, E) Sugar Cookie (G, D)</p>	<p><b>Thursday, 5/26</b> Minestrone Soup (G, D) Meatball Sandwich (G, D, E) Italian Butterball Cookie (G, D, E)</p>
<p><b>Tuesday, 5/31</b> Tomato Soup Grilled Cheese Sandwich (D, G) Apple Squares (G, D, E)</p>	

**ALLERGENS:**

D = Dairy  
S = Soy  
E = Egg  
SF = Shellfish

F = Fish (finfish)  
T = Tree Nuts  
G = Gluten  
W = Wheat  
P = Peanuts



**INGREDIENT KEY:**

DF = Dairy Free  
GF = Gluten Free  
SF = Sugar Free

