

Northampton Parks and Recreation American Red Cross Lifeguard Certification Blended Learning Course

June 2026

Learn the skills to prevent, recognize, and respond to aquatic emergencies. This course covers professional-level care for breathing, cardiac, and first aid emergencies until EMS arrives. You'll gain hands-on training in water rescues, surveillance, injury prevention, spinal injury management, and use of rescue equipment.

This is a blended learning class: Requires approximately 10 hours of online lessons
Information and syllabus will be distributed after the swimming assessment

SCHEDULE - Attendance at all classes is MANDATORY

June 3: 6:30-7:30pm. Pre Swim Assessment

June 10, 11, 12, 16, 17, 18 : 5:15-7:45pm

June 15: - 5:30-9:30 (Northampton High School) CPR/AED

June 20: 10am-3pm

Make up dates June 22, 23

FEE

Residents \$335/Non-residents \$355

NO WALK INS

Includes \$25 Non-Refundable Swim Assessment Fee

Click QR Code for
more information
and to register

