

NORTHAMPTON PARKS & RECREATION ADULT TENNIS LESSONS 2026

ALL TENNIS PROGRAMS LED BY:
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Looking to learn the fundamentals of tennis or further your skills? Join us for some group lessons with experienced instructors! This program is for those 16 years and older and is held at the **tennis courts at JFK Middle School**. Classes missed due to weather and holidays are typically made up on the first available Friday. Makeup information will be communicated via email with registered participants.

The fee is **\$85.00 per session** (\$95.00 non-residents).

TENNIS FUNDAMENTALS

Tennis Fundamentals is an introductory class that teaches the basic strokes, movement and strategies needed to begin to play the game. This program is great for first timers or those getting back into the game. Each session includes 8 classes.

Session 1: Mondays & Wednesdays, 6:30 - 7:30 PM

Sessions 2-4: Tuesdays & Thursdays, 5:30 - 6:30 PM

There is NO Session 5 for Tennis Fundamentals.

INTERMEDIATE TENNIS

Intermediate Tennis is a face-paced workout that includes many drills and games. Play situations, movement and patterns of play are incorporated. Players should be able to hit cooperatively with others and sustain a rally with both groundstrokes and volleys. Each session includes 8 classes.

Sessions 1-4: Tuesdays & Thursdays, 6:30 - 8:00 PM

Session 5*: Tuesdays & Thursdays, 5:30 - 7:00 PM

**Session 5 will be available ONLY for walk-ins and/or punch cards.*

PUNCH CARDS AVAILABLE!

\$125.00 for 10 classes (\$135.00 non-residents)

Only available for 2026 Intermediate Tennis sessions.

Can be used throughout any session during the 2026 season.

WALK-INS WELCOME!

(pending available space)

\$15.00 per class
(\$18.00 non-residents)

PURCHASE AT THE AFC BEFORE EACH SESSION.

New this year - punch cards can be **purchased online** or in person at the Recreation Office! If purchased online, a pass will be mailed out.

2026 SESSION DATES

Session 1 - May 18 - June 11

(no program 5/25, makeup TBD)

Session 2 - June 16 - July 9

Session 3 - July 14 - August 6

Session 4 - August 11 - September 3

Session 5* - September 8-24

**Intermediate Tennis ONLY. Punch cards and/or walk-ins ONLY.*



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INFORMATION & TO
REGISTER!

